

KRAFT FOODS

PRODUCT NAME: TOBLERONE ONE BY ONE Swiss Milk Chocolate with Honey & Almond Nougat – 5.29 OZ (150g)

N u t r i t i o n F a c t s

Serving Size 5 pieces (44g)
 Servings Per Container About 3.5

Amount Per Serving

Calories 230 **Calories From Fat** 120

% Daily Value *

Total Fat 13g	20%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 25mg	1%
Total Carbohydrate 27g	9%
Dietary Fiber <1g	4%
Sugars 26g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 6%	•	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g